

HEALTH

EDUCATION

LIVELIHOOD

PLUCK

SAFETY



# HELP & HELPS SAMITI

## ANNUAL REPORT 2015-16



42/1293, Gowardhan Chowk, Dr. Rajendra Nagar, Civil Lines, Raipur-492001

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**MAKE A  
GOOD  
IMPRESSION**

**ARRANGE  
YOUR  
MATERIAL**

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**The starting  
point of all  
achievement is  
desire.**

**Success is how  
high you  
bounce when  
you hit bottom.**

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The wish for healing has always been half of health. Do Yoga every day.

The best preparation for tomorrow is doing your best today.

## ABSTRACT

Try to be a rainbow in someone's cloud.

It is during our darkest moments that we must focus to see the light.

Cheerful for establish Children Home & sustaining lots of Livelihoods in this year, we have started our 2<sup>nd</sup> Home for Children at Janjgir Champa, Chhattisgarh.

Rehabilitation and Resettlement for ADB & PWD Road sector project. We learn social impact for development project and how to execute in proper manner without harm socialism.

2015 we had suffer by natural disaster like earthquake, drought etc but we move forward, reach people, and never stop, never slow.

We paddle and put extra endeavor to our challenging program of Critical Aahar Yojna & Truly Sahara Yojna.

Jeevandhar is following the hindi word "Jeevan ka Adhar" are our new program for women empowerment.

We are happy to be part of Swachh Bharat Abhiyan for ODF of our Nation by construct individual toilet at Bhilai & Bilaspur Municipal Jurisdiction.

Lots of Training, Workshop and Seminar help our team to motivate, encourage, focused for execute our objective in a excel mode.

This year is an excellent period for us to reach people by conducting campaign for Pulse Polio, Child Protection awareness, Road Safety, HIV/AIDS, Child Help Line at funfair and International Yoga Day celebration.

Know Us:



[www.helpandhelps.org](http://www.helpandhelps.org)

Follow us on  
Facebook:



<https://www.facebook.com/helpandhelps/>

## INTRODUCTION

Tell us on twitter



<https://twitter.com/HelpandHelps>

Link us with LinkedIn



<https://in.linkedin.com/in/help-and-helps-samiti-8417838b>

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We are Help and Helps Samiti, Working on Chhattisgarh State and it is a non-governmental organization working to provide quality for Health, Education, Livelihood, Pluck and Safety to the poor and underprivileged people as well as children in Chhattisgarh.

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### Our Vision

“Every Indian resides contentedly with their all needs with dignity”

### Mission

“In its mission to achieve the Vision, Help & Helps Samiti focusing to help every Indian, completes their all requirements to keep nation as development country.”

Every year, we reach millions of people for both rural and urban areas through interventions. Our programs include Awareness campaign, Blanket Distribution, Environment seminars etc...

Over the years, Help and Helps Samiti have moved from being a service delivery organization to one which successfully impacts policy and practice. Senior team members are a part of several policy making bodies both at the Central and State levels.

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Location:  
Janjgir-Champa

Start Date:  
01/09/2015  
Estimated End Date:  
31/08/2020

## CHILDREN HOME BOYS'S

Let us together and see  
what life we can make  
for our children.

Don't worry that  
children never listen to  
you; worry that they are  
always watching you.

A large number of children in need of care and protection are in need of residential care and protection during the pendency of any inquiry and subsequently for their long-term care, treatment, education, training, development and rehabilitation. We reception and residential care of such children, we shall serve as a home away from home and provide comprehensive child care facilities to children for ensuring their all round development. We work towards enhancing the capabilities and skills of children and work with their families with the view of facilitating their reintegration and rehabilitation into mainstream society.

**Objectives** We provide permanent residential facilities for children but will complement the existing institutional care facilities. The objectives of these Children Home include:

1. To attract above-mentioned target group of children from their present vulnerable life situation to a safe environment.
2. To wean these children away from the vulnerable situations by sustained interventions.
3. To guide these children away from high risk and socially deviant behaviors.
4. To provide opportunities for education & develop their potential & talent.
5. To enhance life-skills and reduce their vulnerabilities to exploitation.
6. To reintegrate these children into families, alternative care and community.
7. To carryout out regular follow up to ensure that children do not return to vulnerable situations.





## CHILDREN HOME BOYS'S



### Program and activities

1. Identify such children within the geographical area/location of the Open Shelters.
2. Use innovative child friendly approaches and outreach activities to make contact with them.
3. Supplement services through Contact Locations that could be established on railway platforms, crowded market areas, tourist destinations, bus stands, etc.
4. Contact Locations can be established running the 24-hour Open Shelters.
5. Use techniques like music, drama, storytelling, outings and other child friendly methodologies to attract and sustain the interest of the children.
6. Once children start participating, Open Shelters should introduce age-appropriate education, access to vocational training, recreation, bridge education, linkages to the National Open School Program, health care, counseling, etc.
7. Cater to individual specific needs like substance abuse, behavioral problems and socially deviant behaviors among others.
8. Encourage involvement of social workers, community volunteers, peer educators, students and others. This will provide opportunity to people with skills and time to mentor, guide and improve the quality of life of these children.





Location: Bilaspur,  
Baloda Bazar,  
Mungeli, Kawardha  
and Jangir-Champa

Start Date:

25/09/2014

End Date:

24/03/2016

## RESETTLEMENT IMPLEMENTATION OF CSRSP

Everyone's livelihood  
depends on the art of  
animators.

No one can go back and  
make a brand new start,  
however anyone can  
start from now and  
make a brand new  
Ending.

### Target group:

All Displaced Persons (DPs) from the affected area for construct of the road.

All Common Property Resources (CPR) village & Blocks from the affected area for construct of the road.

Livelihood of Displaced Persons family and their work

Support to Government on survey for construct of the road.

Support to Government for economical development for village & Blocks effected under construct of the road.

### Objectives:

1. Educating the Displaced Persons on their rights to entitlements and obligations.
2. To ensure that the Displaced Persons are given the full entitlements due to them, according to the entitlements in the resettlement plan
3. To provide support and information to Displaced Persons for income restoration
4. Assist the Displaced Persons in relocation and rehabilitation, including counseling, and coordination with local authorities.
5. Assist the Displaced Persons in redressing their grievances (through the grievance redress committee set up by the subproject)
6. To assist the ADB-Project Implementation Unit and Project Implementation Unit (PIU) with social responsibilities of the subproject, such as compliance with labour laws, prohibition of child labour, and gender issues.
7. To conduct awareness program for HIV/AIDs, Human Trafficking etc...
8. To collect data and submit progress reports on a monthly and quarterly basis for CGPWD to monitor the progress of resettlement plan implementation





## RESETTLEMENT IMPLEMENTATION OF CSRSP



### Program and activities

1. Outline of Census and Socio Economic Survey of road.
2. Survey of Package of Road (16, 17, 18 & 19) on basis of DPR of CGPWD.
3. Identify Displaced Persons & Common Property Resources on all Package of Road (16, 17, 18 & 19).
4. Preparing Micro plan for each Displaced Person as per their status, requirement, financial status as well as availability.
5. Open bank account for DPs.
6. Support Displaced Persons for assistance from Government.
7. Explanation of Disclosure of ADB & Government norms and Acts.
8. Create Understanding Between Government and Affected Persons.
9. Contact Sarpanch, Panch, Kotwar, Janpad Panchayat Members and others to understand about the project and prepare village level committee.
10. Forward complain to GRC.
11. Road safety campaigns, HIV awareness, enforcing labour standards for construction work.
12. Follow the instruction of Supervision Consultant.
13. Prepare Monthly & Quarterly Progress report to PIU (Project Implementation Unit)





Location: Bilaspur  
& Bhilai

Start Date:

01/09/2015

Estimated End Date:

30/08/2017

**Swachh Bharat Abhiyan  
Individual Household Latrines (IHHL)**

Be the Change  
You want  
To see  
In the World

Dust Bin Loves being use  
Give it some love!!

**Target group:**

The Mission for the construction of Individual Household Latrines (IHHL) shall be available for all

1. Below Poverty Line (BPL) Households and
2. Above Poverty Line (APL) households restricted to SCs/STs
3. Small and marginal farmers, landless laborer with homestead, physically handicapped and women headed households.

**Objectives:**

- To eradicate the system of open defecation in India.
- To convert the insanitary toilets into pour flush toilets.
- To make people aware of healthy sanitation practices by bringing behavioural changes in people.
- Generation of awareness among citizens about sanitation and its linkages with public health
- To build eco-friendly environment.
- Hygienic life to our up-coming generation.
- Healthy Body results in Healthy mind which is directly proportional to Productivity of an individual. Swachh Bharat Mission will lead to Healthy India which in turn increases productivity of Indians. High productivity means High earning potential. In short we can say healthy body is directly proportional to earning potential.
- Clean India will attract more International tourists.
- Biodegradable wastes can be used as manures or fertilizers.



**Swachh Bharat Abhiyan**

**Activity:**

- Aware & motivate people to construct toilet at home.
- Collect survey details of beneficiaries.
- Select location for construct toilet.
- Digging for construct of pit.
- Prepare RCC slab for pit cover.
- Prepare foundation for super structure.
- Prepare RCC slab for super structure.
- Install toilet PAN and Door.
- Paint the entire structure.
- Generate unique ID code for the beneficiaries.
- Upload the photo with the help of GPS & Unique code.
- Note down the longitude & latitude of the structure.





**Location:**  
Korba, Chhattisgarh

**Start Date:**  
01/10/2013

**Estimated End Date:**  
30/09/2016

## OPEN SHELTER HOME BOYS

We worry about what a  
child will become  
tomorrow

Yet we forget that he is  
someone today

Let do impressive for  
children that they can  
have better tomorrow.

### Target group:

Open Shelters in urban and semi-urban areas will cater to all children in need of care and protection particularly beggars, street and working children, rag pickers, small vendors, street performers, orphaned, deserted, trafficked and run-away children, children of migrant population and any other vulnerable group of children.

### Objectives:

We provide permanent residential facilities for children but will complement the existing institutional care facilities. The objectives of these Open Shelters include:

1. To attract above-mentioned target group of children from their present vulnerable life situation to a safe environment.
2. To wean these children away from the vulnerable situations by sustained interventions.
3. To guide these children away from high risk and socially deviant behaviors.
4. To provide opportunities for education & develop their potential & talent.
5. To enhance life-skills and reduce their vulnerabilities to exploitation.
6. To reintegrate these children into families, alternative care and community.
7. To carry out regular follow up to ensure that they do not return to vulnerable situations.

### Program and activities

1. Identify such children within the geographical area/location of the Open Shelters.
2. Use innovative child friendly approaches and outreach activities to make contact with them.
3. Supplement services through Contact Locations that could be established on railway platforms, crowded market areas, tourist destinations, bus stands, etc. running the 24-hour Open Shelters.
4. Use techniques like music, drama, storytelling, outings and other child friendly methodologies to attract and sustain the interest of the children.





## OPEN SHELTER HOME BOY'S



### Program and activities

5. Once children start participating, Open Shelters should introduce age-appropriate education, access to vocational training, recreation, bridge education, linkages to the National Open School Program, health care, counseling, etc.
6. Cater to individual specific needs like substance abuse, behavioral problems and socially deviant behaviors among others.
7. Encourage involvement of social workers, community volunteers, peer educators, students and others. This will provide opportunity to people with skills and time to mentor, guide and improve the quality of life of these children.
8. Function as 24-hour Crisis Management Centers to receive and provide necessary assistance to children, Provide accessibility to children of all age groups up to 18 years of age.
9. Provide quality toilets, lockers for children to keep their belongings, washing facilities, recreational facilities both indoor and outdoor, etc.
10. Provide health care facilities and refer children for specialized services for prevention of drug and substance abuse, HIV/AIDS/STIs and other chronic health disorders.
11. Maintain standards of care and children should be encouraged to participate in the activities of Open Shelters, Prepare Individual Care Plan for each child, and Maintain electronic data of each child.



### Location:

Dal Bhat Kendra, Jail  
Road, In front of Dr.  
B. R. Ambedkar Govt.  
Hospital, Raipur

### Start Date:

01/06/2013

### Estimate End Date:

31/05/2019

## CRITICAL AAHAR YOJNA

IF you can't feed 100  
people,  
Then Feed just  
ONE

At least  
Help those  
Who is suffering with  
Diseases and  
Die by  
Hunger

### Target group:

1. Poor and needy patient and attendant at Dr. B. R. Ambedkar Govt. Hospital at Raipur.
2. Patients far from Raipur area who are not aware about the city and not having enough money to buy daily foods.
3. Those are not having time and money because of treatment in Hospital.

### Objectives:

1. To Help and provide foods for Poor and needy patient and attendant at Dr. B. R. Ambedkar Govt. Hospital.
2. To make them tension free from hospital treatment as well as treatment pressurized anxiety.
3. To make them wary less for the food and advice to go through their treatment.

### Program and activities

1. We provide free foods "Coupons" to those Poor and needy patient and attainer at Dr. B. R. Ambedkar Govt. Hospital, Raipur.
2. We distribute separate "Coupons" for lunch & dinner. After produce the "Coupons" at Dal-Bhat Kendra they easily get food without pay Money.
3. We also provide time and share their problems and try to short out as we can.





**Location:**

Selected Old Age Home at Raipur, Durg, Korba & Bilaspur

**Start Date:**

01/10/2013

**Estimate End Date:**

30/00/2019

**Target group:**

1. People live in old age home.
2. Old age sick people.
3. Aged people separated from family.
4. Aged people on road side and unprivileged.

**Objectives:**

1. To provide general foods to old age home.
2. To provide medicine to old age people.
3. To provide time and share memories with smile.
4. To provide clothes, blankets and extra thing as per their needs

**Program and activities**

1. We visit some old age home and get the database from them.
2. We prepare a list as per the requirement and what other support or service can be given.
3. We purchase and supply general goods as poha, chana, rajma, dal, besan, clothes, bed sheet, blankets etc...
4. We provide medicine as per doctor's prescription, and provide general medicine as dettol, pain relief cream, acidity eno, cottons etc...
5. We take them to doctor for health issues and provide Help as well as supports. Also we spend time with them.

**TRULY SAHARA YOJNA**

What you do with Old age People,

Don't forget one day

You will get older...

Parents never leave child

Whatever they do

How Come child can leave them

When parents gets Older...







Location:

Chirmiri, Dist. Koriya

Sub:- Mushroom  
Cultivation

From-12-18 Sep. 2015

Beneficiary- 56

**Target group:**

1. Women (age group of 16 year and above).
2. Un-employee Girls/Women
3. Illiterate Girls/Women
4. Housewives those want to work at home.

Location:

Mungeli

Sub:- Artificial Flower

From-05-11 Dec. 2015

Beneficiary- 37

**Objectives:**

- a. To provide skills that give employ ability to women.
- b. To provide competencies and skills that enable women to self-employed/entrepreneurs.
- c. Intended to benefit women
- d. empower and instill confidence

**Program and activities**

- Select the beneficiaries after survey.
- Arrange a training session as per subject, selected by the beneficiaries and resource availability of the organization.
- Three our session in every day.
- Theoretical & practical session.
- Practice session.
- Home work.
- Follow up session.
- Linkage program for sustainability.



**JEEVNADHAR**

Location:

Raipur

Sub:- Cloth Fabrication

From-09-13 Feb. 2016

Beneficiary- 43

She Believe

She Could

So

She Did...



### Location:

Camp organized at  
Ravi Shankar Shukla  
Nagar, Ghanta  
Chowk, Korba, &  
Janjgir Railway  
Station,

### Start Date:

17/01/2016

### Estimate End Date:

21/02/2016

## PULSE POLIO

Now more  
Than ever  
: Stop Polio  
Forever

Spare the child  
Give the Polio vaccine.

### Target group:

1. Children below 5 Year.
2. Missing Polio Vaccination due to travel.
3. Polio Vaccination information to those who does not have knowledge.
4. Child beggars, street and working children, rag pickers, small vendors, street performers, orphaned, deserted, trafficked and run-away children, children of migrant population and any other vulnerable group of children.

### Objectives:

1. Support Government for wipe away Polio Diseases.
2. Help and find those children who are not yet taken Polio Vaccination.
3. Counseling Children & their parents.

### Program and activities

1. Camp at Railway Station for missing Polio Vaccination due to travel.
2. Announced by Riksha about Pulse Polio Campaign. Enquire family & parents for Pulse Polio Vaccination.
3. This year we arrange this activity at Korba & Janjgir.
4. We had vaccinated total 273 children.





## SPECIAL CAMPAIGN FOR CHILDREN

### Location:

Near Sarvamangla  
Temple, Manikpur  
Bazar, Dadar Bazar,  
& Mudapar Bazar,  
Korba.

### OTHER COORDINATE WORK



### Target group:

People are age group of 12 years and above.

### Objectives:

- Aware public about ICPS.
- Childline-1098,
- Child Right.
- The Protection of Children from Sexual Offences
- The Right of Children to Free and Compulsory Education
- Child Labour Prohibition and Regulation
- Prohibition of Child Marriage Act
- Right to Food Legislation and Children
- National Policy for Children, 1974

### Program and activities

- Install a canopy.
- Attract people by announcing slogan.
- Describe people about child related policy, act & schemes.
- Provide IEC material.
- Motivate them to convey the message.



## CHILD RESCUE MISSION

Location:  
Phitampur Fair,  
Janjgir-Champa

### OTHER COORDINATE WORK



#### Target group:

Lost, beggars, working children, small vendors, Play performers, orphaned, deserted, trafficked and run-away children.

#### Objectives:

- Install Child Help Center at Funfair.
- Rescue children labour.
- Rescue children are forcefully performing.
- Hand over lost children to their guardian after identification & verification.

#### Program and activities

- Install a Child Help Center at Funfair.
- Find out child labour, abuse children, beggar child, lost child, performer children etc.
- Contact related department or organization for hand over the child.





## HIV/AIDS AWARENESS CAMPAIGN

### Location:

Bhimpuri, Khaira,  
Sangwaka pa, Jogipur  
& other villages of  
under ADB R&R  
project

### OTHER COORDINATE WORK



### Objectives:

To aware people who lives in rural areas about the HIV/AIDS and help to find nearby ART (Antiretroviral Therapy) center also aware about how to use condom & disposal and aware about family planning and gap carry in between 2 Children.

### Program and activities:

- Select the area at village, where people are gathering.
- Hanging banner as related to subject.
- Start brief description about HIV/AIDS, Sexual Behavior, STI and Family Planning.
- Question and answer.
- Distribute IEC material.
- Counseling & consulting.
- Share & exchange idea.
- Feedback.



## ROAD SAFETY AWARENESS CAMPAIGN

### Location:

Jogipur, Jairamnagar,  
Bamhanidih, Ramtala  
& other villages of  
under ADB R&R  
project

### OTHER COORDINATE WORK

### Objectives:

Aware people about road safety

### Program and activities:

- Select the area at village, where people are gathering and continuously use road for crossing (Pedestrian Area).
- Hanging banner as related to subject.
- Start brief description about road safety, signal and caution.
- Question and answer.
- Distribute IEC material.
- Counseling & consulting.
- Share & exchange idea.
- Feedback.







## TRAINING & WORKSHOP



### NIPCCD

(National Institute of Public Corporation & Child Development)

This year also organizes workshop & Training program on various interesting subjects in which our employee took part and achieved knowledge other than their domain knowledge.

1. Mr. Ashwani Kumar Sahu (Out Reach Worker), attained the Training Program on "Orientation Training on Schemes /Programmes of Ministry of Women & Child Development for Functionaries of Voluntary Organizations", at Western Regional Center, Indore. (Date: 08-10 June, 2015).
2. Mr. Shib Sankar Saha (President), Mr. Sumeet Rathore (Secretary) & Roshan Ara (System Admin), attained the Workshop on "Food Habits, Changing Lifestyle And Nutritional Needs of Adolescents", at Indira Gandhi Krishi Vishwavidyalaya, Raipur (Date: 18-19 November, 2015).
3. Mr. Manish Kumar Lal (Project Coordinator & Counselor of Open Shelter Home, Korba) and Mr. Roshan Yadav (Counselor of Children Home, Janjgir) attained the Training on "Orientation Training for the Superintendents, Welfare Officers of CCIs and Counselors of Open Shelters Home", at Western Regional Center, Indore. (Date: 08-12 February, 2016)

# FINANCIAL AUDIT REPORT



HELP & HELPS SAMITI  
INCOME & EXPENDITURE ACCOUNT  
FOR THE PERIOD 01/04/2015 TO 31/03/2016

EXPENDITURE	AMOUNT	INCOME	AMOUNT
<b>PROGRAMME EXP.</b>		Membership fees	24000.00
Blanket Distribution Exp.	25000.00	Donations	1024203.27
ACB Projects Exp.	2023846.25	Children Home, Janjgir	1343964.00
Critical Aahar Yojna Exp.	32540.00	Open Shelter Home, Korba	1743300.00
Open Shelter Homes, Korba Exp.	1924780.00	ADB Projects	1556800.00
Swachha Bharat Mission, Bilaspur Exp.	352715.00	Swachha Bharat Mission, Bhilai	758000.00
Swachha Bharat Mission, Bhilai Exp.	668922.00	Swachha Bharat Mission, Bilaspur	384000.00
Jeevanadhar Exp	47970.00	Assets Children Home, Janjgir	1071000.00
Children Home, Janjgir Exp	1493293.00	Bank Interest	31379.00
Pulse Polio Exp.	29110.00		
Truly Sahara Program Exp.	34970.00		
Nepal Embassy Earth quake Relief Fund	50000.00		
Prime Minister Relief Fund Nepal Earthquake	50000.00		
Assets Children Home, Janjgir Exp	255640.00		
<b>ADMINISTRATIVE EXP.</b>			
Bank Charges	1374.32		
Audit Fees	11500.00		
Legal Exp.	34602.00		
Office Rent Exp.	69500.00		
Staff Salary Exp.	353703.00		
Office Electricity Exp.	18197.93		
Meeting Exp.	10672.00		
Office Computer Exp.	8440.00		
Travelling Exp.	15980.65		
Postage & Courier Exp.	207.00		
Broadband & Telephone Exp.	18325.96		
Printing & stationery Exp	6601.00		
Bad debts	94093.00		
Depreciations	301780.00		
Excess of income over Exp.	7885.16		
	7935648.27		7935648.27

For, HELP & HELPS SAMITI

  
President/Secretary

  
Treasurer

Place: Raipur  
Date : 01/06/2016

For, AGRAWAL & DORA  
Chartered Accountants

  
Manish Kumar Agrawal  
Partner  
M.No. 406872

Help & Helps Samiti  
  
President

Help & Helps Samiti  
  
Treasurer





**बच्चों के साथ मनाया पर्व**



दिल्ली, 12/01/16 - बच्चों के साथ मनाया पर्व... (The text is partially obscured and difficult to read fully, but it appears to be a news snippet about a festival for children.)

**आश्रय गृह के बच्चों ने किया झाराघाट का भ्रमण**

दिल्ली, 12/01/16 - आश्रय गृह के बच्चों ने झाराघाट का भ्रमण किया। (The text is partially obscured and difficult to read fully, but it appears to be a news snippet about a field trip.)

**लायब बच्चों का मितस्य परियोजना**

दिल्ली, 12/01/16 - लायब बच्चों का मितस्य परियोजना... (The text is partially obscured and difficult to read fully, but it appears to be a news snippet about a project.)

**बालक आश्रम गृह में मनाया गया क्रिसमस**

दिल्ली, 24/12/16 - बालक आश्रम गृह में मनाया गया क्रिसमस... (The text is partially obscured and difficult to read fully, but it appears to be a news snippet about Christmas.)

**MEDIA COVERAGE**

**आश्रय गृह के बच्चों ने मनाया क्रिसमस**

दिल्ली, 24/12/16 - आश्रय गृह के बच्चों ने मनाया क्रिसमस... (The text is partially obscured and difficult to read fully, but it appears to be a news snippet about Christmas.)

**खुला आश्रम गृह में मनी होली**

दिल्ली, 24/12/16 - खुला आश्रम गृह में मनी होली... (The text is partially obscured and difficult to read fully, but it appears to be a news snippet about Holi.)

**खुला आश्रम में मकर संक्रान्ति**

दिल्ली, 14/01/17 - खुला आश्रम में मकर संक्रान्ति... (The text is partially obscured and difficult to read fully, but it appears to be a news snippet about Makar Sankranti.)

**विकास जोड़ खेल स्पर्धा में प्रथम**

दिल्ली, 14/01/17 - विकास जोड़ खेल स्पर्धा में प्रथम... (The text is partially obscured and difficult to read fully, but it appears to be a news snippet about a sports competition.)



आज के बच्चे हमारे भविष्य हैं। इनके अभाव में भविष्य के काम में कमी आएगी। यह आज का बच्चा नहीं, भविष्य के काम में कमी आएगी। यह आज का बच्चा नहीं, भविष्य के काम में कमी आएगी। यह आज का बच्चा नहीं, भविष्य के काम में कमी आएगी।

**खुला आश्रय गृह में मनाई गई होली**

होली का त्योहार घरों में मनाया जाता है। लेकिन बच्चों के लिए खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया।

12 जनवरी 2016 हरिभूमि

**खुला आश्रय गृह के बालकों ने किया झोराघाट का भ्रमण**

**कोरबा @ पत्रिका**  
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होना एक हेल्स समिति द्वारा संचालित खुला आश्रय गृह (बालक) कोरबा जिसमें देखरेख और जरूरत मद बालकों को रख जाता है। बालकों को भ्रमण कराने व बालकों में उत्साहवर्धन के लिए छुटी

में स्थित फिजिकल स्पोर्ट झोराघाट से जाया गया, जहाँ बालकों ने प्राकृतिक व मनोरम दृश्यों को प्रत्यक्ष रूप से देख कर उन्हें समझा। इसमें संस्था के अध्यक्ष सुमित रावैर एवं सचिव शिव शंकर साहू तथा खुला आश्रय गृह के कार्यक्रम समन्वयक मनीष, पवन शेटेल आदि शामिल थे।

**बालक बालगृह का शुभारंभ**

बालक बालगृह का शुभारंभ हुआ। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया।

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We believe that good journalism, good television, can make our world a better place.

**एथलेटिक्स में विकास ने बढ़ाया जिले का गौरव**

एथलेटिक्स में विकास ने बढ़ाया जिले का गौरव। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया।

नई दुनिया  
 दिनांक 27/05/2015  
 पृष्ठ नं. 14, कोरबा संस्करण

**मां से बिछड़कर ट्रेन से कोरबा पहुंचा बालक**

कोरबा (मिद)। ट्रेन में सफर के दौरान बचपनी ही में बिछड़कर अपनी मां से लौटते हुए बालक कोरबा में पहुंचा। कोरबा की पत्रिका द्वारा बालक को खला आश्रय गृह में भर्ती कराया गया। बालक का नाम सुमित रावैर है। बालक का जन्म कोरबा में हुआ था। बालक का माता पिता का निवास कोरबा में है। बालक को खला आश्रय गृह में भर्ती कराया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया।



बालक की पहचान ने कर अल्पकाल में संपर्क के सूर्य करके बालक को कोरबा में भर्ती कराया गया। कोरबा की पत्रिका द्वारा बालक को खला आश्रय गृह में भर्ती कराया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया। यहाँ बच्चों को खला आश्रय गृह में मनाया गया।

कोरबा | हरिभूमि 16

**हेल्स एण्ड हेल्स समिति**



**बर्दिहा में मस अनारोह्य वन दिवस**







### आश्रयगृह के बच्चे हमारा घर

कोरबा। जिला बाल संरक्षण अधिकारी कोरबा द्वारा आयोजित आश्रयगृह बच्चों के प्रतिष्ठित कार्यक्रम में शामिल हुए बच्चों की तस्वीरें प्रकाशित की गईं। आश्रयगृह बच्चों को एक नया घर देने के उद्देश्य से कोरबा में आश्रयगृह की स्थापना की गई है। आश्रयगृह में आश्रय प्राप्त करने वाले बच्चों को शैक्षणिक, स्वास्थ्य, मनोवैज्ञानिक, कलात्मक, खेल-कूद, कौशल विकास, नैतिक शिक्षा, स्वास्थ्य शिक्षा, जीवन कौशल, आदि विभिन्न कार्यक्रमों के माध्यम से समर्थन प्रदान किया जा रहा है।

### बाल कल्याण समिति के संरक्षण में बिदिया



कोरबा। बाल कल्याण समिति की रेस्क्यू टीम ने 8 वर्षीय बिदिया को अपने संरक्षण में लिया है। एक परिवार बिदिया को उसके प्रथम निवास की पहिचान पूरी किए ही अपने साथ रखा हुआ था। बाल कल्याण समिति को सूचना मिली थी कि बिदिया कोई न्यायक 8 वर्षीय बच्ची के पास - बिदिया नहीं है। उसके दो भाई एकलौते ही बालकल्याण समिति के संरक्षण में है। बिदिया को एक परिवार ने अपने साथ रखा हुआ है। उन्होंने बिदिया को अपने परिवार का पालन पूरी किया है। इस सूचना के मिलने पर समिति ने रेस्क्यू टीम भेजि दी। इस टीम में सचिव अरुणो जी, सचिव राजेश्वरी, पंचायत मुख्यालय, टैक्सेशन ऑफिस, अनाथ भूत के सम्पर्ककर्ता लाल, पुनर्वसन विभाग, न्यायिक विभाग के अद्वैत सिंह, सुनील सिंह, लाल, रमेशचंद्र आनंदराम, दो आरक्षक के साथ बहार गए जो पर पहुंचे। जहां तस्वीर के दौरान सूचना खोजी गई। रेस्क्यू टीम ने उसके परिवार से बिदिया को अपने संरक्षण में ले लिया। समिति में समिति बाल अधिकार एवं उनके द्वारा अभियान के तहत कार्रवाई कर रही है।



We are grateful to journalism for waking us up to the realities of the world.

### MEDIA COVERAGE

If you don't tell  
Your story,  
Someone  
Else will

### आश्रय गृह के बच्चों ने की पतंगबाजी



कोरबा। महिला एवं बाल विकास विभाग द्वारा स्वीकृत हेल्प एंड हेल्पस समिति द्वारा संचालित खुला आश्रय गृह बालक में बच्चों ने मकर संक्रांति का पर्व मनाया गया। इस पावन पर्व में बालकों ने सुबह सूर्य देव का नमस्कार व आशीर्वाद लेकर खुले आसमान में पतंगबाजी की तथा एक दूसरे को तिल का लड्डू खिलाकर खुशियां मनाई। इस अवसर पर खुला-आश्रय गृह बालक के कार्यक्रम समन्वयक काउंसलर मनीष लाल, सामाजिक कार्यकर्ता पवन पटेल, केयर टेकर देवी देवांगन, बलराम साकेत तथा आउट रिच वर्कर पूनचंद, प्रिंस गेडाम एवं बृजकुमार धिरहे उपस्थित थे।

### गुमशुदा बालक को परिवार से मिलाया

कोरबा। जिला बाल संरक्षण अधिकारी कोरबा ने बताया कि बालक विभवस गिलहरे उम्र 12 वर्ष पिता सम्भूत गिलहरे जो कि जियोटप छात्रावास रायपुर में संस्थागत रह कर पढ़ाई कर रहा था। बालक 5 जनवरी 2015 को छात्रावास से भाग गया था उस बालक को रेस्क्यू टीम द्वारा रायपुर रेलवे स्टेशन के पास पाया गया तथा बालक बालकल्याण समिति रायपुर के समक्ष प्रस्तुत किया गया तदुत्तरांत बालक द्वारा अपना पता मोतीसमरपारा (सीतामणी) जिला कोरबा बताया गया जिसकी सूचना बाल कल्याण समिति रायपुर द्वारा जिला बाल संरक्षण इकाई कोरबा को दी गई जिस पर त्वरित कार्यवाही करते हुए बालक के द्वारा बतार गये निवास स्थान को खोज कर उसके पिता से सम्पर्क कर उसे सौंप दिया गया।

### बाल उत्सव में कोरबा प्रथम

कोरबा। जिला बाल संरक्षण अधिकारी कोरबा ने 18 से 22 जनवरी तक रायपुर के पुस्तकी पार्क में संचालित हुए बाल उत्सव में कोरबा जिले में संचालित हुए एंजल हेल्पस समिति के द्वारा आश्रय गृह के बालक विभवस गिलहरे 12 वर्ष के बालक को प्रथम स्थान पर जीतने में मदद की। कोरबा जिले में प्रथम स्थान प्राप्त कर अर्पण और कोरबा जिले का नाम और प्रसिद्ध किया है। राज्य बाल संरक्षण समिति, छत्तीसगढ़ सरकार द्वारा बच्चों में प्रथम अधिकार के संकेत में जागरूकता उत्पन्न करने तथा बालकों को सुनवाई के अधिकारों से जेदने के लिए उत्सव बाल देखरेख संस्थाओं का अग्रणी गिनाईका जाह, सचिव सुमित राठी ने बालक के उज्ज्वल भविष्य की कामना की है।





Dr. B.P. Sinha



I feel, I am living my childhood again with all of these children. Best work by Help and Helps Samiti, making Open Shelter Home as real home for all children. Appreciated work by all staff becoming Father, Mother, Brother, Sister and friend for each child. Doing Yoga with them is my honor.



Sonam Agrawal

Teaching is my hobby, but teaching at Help and Helps Samiti, Open Shelter Home is my Passion. These children have so much ability and creativity but they never get a chance to come up. That's the reason teaching them is my passion here. Thanks to Help and Helps Samiti because finding these children and bring good things in their life is not so easy. Good work by all of you. God Bless you all.



### TESTIMONY

LET'S WORK TOGETHER



Vandana Agrawal

Thumb Up to Help and Helps Samiti's family, You do great job. I am working with you guys as volunteer teacher that's my good faith of my last birth. Teaching these children and volunteer for other project with Help and Helps Samiti is uncountable memories...  
Love you all children ...



Manisha Gopal

Me and My Husband love to share time in Children Home. We love these children and children at this age need a direction. We tried to give lots all time to them for teaching, singing, playing etc... We celebrate festivals with them. Help and Helps Samiti give their 100% to these children, Salute to Help and Helps Samiti and Their invaluable staff.  
Good Job All of.....

GOOD JOB







**SUMEET RATHORE**  
**PRESIDENT**

As a President is great responsibility to focus each & every item of the organization. I thank to every one for this journey and publish our Annual Report 2015-16. It's an enormous year with lots of hard work, smart work and great achievement. Success gives us strength and with you we become stronger. I believe that our Annual Report can explain our voyage. Unity is strength so join with us and be a part of our journey to form better humankind.

**SUMEET RATHORE**



**HANISH VERMA**  
**VICE- PRESIDENT**

It's my pleasure to be part of this organization and to be witness of its growing up. Thanks to everyone for their direct or indirect engage to achieve our purpose. Matureness gives confident, which you can observe in our way of express to this annual report. Our transparency, our vision, our mission help us to move on but support and believe will help us to reach our goal. Be with us ...

**HANISH VERMA**

**THANKS**



**SHIB SANKAR SAHA**  
**SECRETARY**

Earliest of all I would like to thanks to our all member, employee, volunteer & stakeholder for remarkable support and hard work to success of our all program. Without their zeal and dedication, we could not step ahead our organization objective. This year we forward from Raipur, Korba to Janjgir and enlarge our family. One more year is completed, many objectives we achieve and more objectives we have to get. Once again thanks to everyone and I wise to ahead one more step.

**SHIB SANKAR SAHA**



**SUNTU SENGUPTA**  
**TREASURER**

Hearty welcome to everyone and feel great to publish our annual report. We cross one more milestone towards our objective. As a Treasurer I feel proud, when each and every penny of our organization helps "A BENEFICIARY". Our financial transparency is our achievement. Keep with us and help us to create a healthier civilization.

**SUNTU SENGUPTA**



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## OUR PARTNERS

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## NATIONAL & INTERNATIONAL







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HELP AND HELPS SAMITI**

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**छत्तीसगढ़ में विद्यमान हेल्प एण्ड हेल्प्स समिति**

